



Friday Market Prep

Community Markets

About the Mobile Food Market

The Mobile Food Market (MFM) brings healthy, high-quality and affordable food to HRM neighbourhoods facing food-access issues. We get food into the community in three ways: mobile food markets, our Seniors Fresh Food Box program, and our bulk food delivery program. We are looking for a core team of Friday Market Prep volunteers who are able to help us prepare the fresh produce that we sell at our biweekly low-cost community markets.

The Role

Join us in rolling up our sleeves on Friday afternoons to help prepare bulk produce for our Saturday markets. The Market Prep role involves weighing and bagging produce into smaller portions, dividing food for each market location, and packing it away for overnight storage. This is a great role for those who like to work with their hands in a team environment.

Where and When

Market prep shifts take place every other Friday from 2:00pm - 4:00pm at the Atlantic Superstore located at 3601 Joseph Howe Drive. We meet at the old store entrance by PC Express and the Family Focus clinic.

What You Bring

First and foremost, you're reliable. You have good attention to detail and enjoy working alongside others.

How We'll Support You

MFM staff will be present for all shifts and will provide on-site training.

Next Steps

If this sounds like you, we would love to hear from you! Fill out our volunteer application form at www.mobilefoodmarket.ca/volunteer or contact our Community Engagement Coordinator at coordinator@mobilefoodmarket.ca.

For more information on the MFM, visit mobilefoodmarket.ca.